



**Samtse College of  
Education  
Royal University of  
Bhutan**



## **CERTIFICATE COURSE IN SOCIAL WORK**

**Training I (22 - 26 January 2018)  
& Training II (2 - 6 July 2018)**

### **Aim**

Anchored on Samtse College of Education's philosophical vision of right *View (lta-ba)*, right *Contemplation or understanding (sgom-pa)* and right *Action (spyod-pa)* leading to right *Fruition ('bras-bu)*, the Certificate Course in Social Work aims to prepare the next generation of social work professionals whose knowledge, skills and values will be guided by the wisdom of Jinpa (*sbyin-pa*) – the act of beneficence or generosity. Guided by this timeless wisdom of helping others, volunteerism has always been at the heart of the Bhutanese cultural ethos and everyday life, especially in the village. Service for others is one of Bhutanese society's most profound intangible cultures that influences social relationships, the values of help and reciprocity, community vitality, and sustainable wellbeing and happiness. These values continue to influence Civil

Society Organization (CSO) work in modern Bhutan which must be studied, taught, researched and disseminated with the aim to generate wider benefit.

### **Purpose**

To provide participants with knowledge, skills and insights required to be efficient social work professionals.

### **Learning Outcomes**

Upon successful completion of the Certificate Course, the participant will be able to:

- exhibit a clear understanding of the concepts of *View, Contemplation* and *Action* leading to *Fruition* in relation to social work;
- explain the relevance of the four forms of Jinpa (*sbyin-pa*) to contemporary social work situation;
- demonstrate a sound knowledge and understanding of the ideologies, values, principles, ethics and practices of social work in the international context and the ability to apply these in their own social work settings;
- demonstrate a sound knowledge of human behavior and development and its connections with social work;
- work efficiently with individuals (children, women, elderly and persons with disabilities) and groups such as families and communities who need support and intervention of social work practitioners;

- communicate effectively using appropriate tools and methods with individuals, organizations, and communities for advocacy, education, training, dissemination and interventions;
- examine public policy and programme development and implementation and their implications for social wellbeing;
- demonstrate a sound knowledge of non-governmental organization (NGO) administration in the international and local contexts.
- acquire fund raising and budget analysis knowledge and skills; and
- manage projects using various models and methods including participatory planning tools and techniques.

### **Training I Course Content**

The Training I of the Certificate Course in Social Work consists of contents drawn from four broad areas of social work education: i) foundational knowledge; ii) methods in social work; iii) communication and interpersonal skills for social work; and iv) specialized disciplines in social work. Each of these areas will be taught as a separate but related module.

### **Module I: Foundational Knowledge**

This module will be delivered as two separate units. Unit I is focused on building the participant's theoretical knowledge of social work and its development in the international and local contexts, including

the history and philosophy of social work, ethics in social work, and the role of social worker. It will also provide an introduction to Buddhist social work with particular emphasis on Bhutan. Unit II will give the participants basic knowledge and understanding of human behavior and development in a social context.

### Module II: Methods in Social Work

This module will help the participants to acquire the knowledge and methods commonly applied by social work professionals. The methods covered in the module will include those used in work with individuals (children, women, elderly and persons with disabilities), families, and communities.

### Module III: Communication and Interpersonal Skills for Social Work

This module will orient the participants to communication and interpersonal skills required by social work professionals in their work with individuals and groups. It will specifically focus on effective communication (verbal/nonverbal) for working with individuals; effective communication (verbal/nonverbal) for working with groups, and effective communication for working with government, CSOs and other stakeholders.

### Module IV: Specialized Disciplines in Social Work

This module will be delivered as two separate units. Unit I will provide participants basic knowledge of public policy while unit II will deal with NGO management with particular reference to the development of the CSO sector and its work in Bhutan.

### Training II Course Content - Highlights

Training II will consist of five distinct but interrelated modules. Each module's emphasis will be on deepening the participant's understanding and enhancing their skills in areas relevant to social work. An important prerequisite for participation in Training II will be the successful completion of Training I.

**Module I:** Developing Bodichitta mind, self-care, and stress management in social work.

**Module II:** Communication for development.

**Module III:** Social work and financial sustainability (Fund raising; and Budget analysis and advocacy).

**Module IV:** Project cycle management

**Module V:** Participatory planning and development.

### Course Requirements

The Certificate Course in Social Work is a tailor-made training programme which will be offered to at least two cohorts of participants. To complete the course successfully, the participant must take both Training I and Training II and meet all the training requirements including full

attendance in the training sessions, project assignments, report writing, among others.

### Schedule

The course will be offered in two phases. For first cohort, Training I will be conducted from 22 – 26 January, 2018, while Training II will be conducted from 2 – 6 July, 2018.

Cohort	Training	Venue	Duration
1 <sup>st</sup>	I	SCE	22 – 26 January, 2018.
	II	Thimphu	2 – 6 July, 2018.
2 <sup>nd</sup>	I	Thimphu	2 – 6 July, 2018.
	II	SCE	22 – 26 January, 2019.

### Participants

This course is tailored to the professional need of employees in government, CSO, and other stakeholders whose work require knowledge and skills of social work. The cohort size will be between 20 and 25 participants.

### Entrance Requirements

A candidate fulfilling the following entrance requirements are eligible for the course:

- Holds a minimum academic qualification of a Bachelor's Degree;

- b. Has at least 3 years of work experience in a setting that requires knowledge of social work;
- c. Submits a recommendation/nomination letter from the employer. The letter must describe the suitability of the candidate, commitment to participate and complete the course (both Training I and Training II); and
- d. Submits a motivational letter in about 350 - 400 words clearly describing the candidate's interest in the course and the potential benefits for the agency where he/she works.

### Trainers

The course will be run by qualified and experienced professionals/academics engaged in teaching, research, administration, and other work in social work settings. The trainers will be drawn from institutions within the country and outside. They will not only teach the modules but will also provide online supervision support for the participants' project assignments in their organizations and ensure the latter's success for the completion of the course requirements.

### Certification

The course is delivered in two phases as Training I and Training II. Participants who complete Training I of the programme will work on a small but innovative project aimed to bring about positive change in

their own work setting. A supervised project, this work based assignment will be supported online by a trainer(s). The report on the project will be presented at the commencement of Training II. Upon the successful completion of Training II which has no work base assignment, the participants will be awarded a Certificate in Social Work.

### Financial and Logistical Support

During the training period participants will be provided meals (breakfast, lunch and dinner) and light refreshments, which will be served in the college dining hall. They will also be provided accommodation in the college residential blocks. A daily subsistence allowance of 20% of the participant's official DSA for 5 days plus for the travel days to SCE and back to the work place will be paid as per the RGoB's financial norms. The programme will pay bus fare based on the most economical route and not the mileage.

### About Samtse College of Education

SCE was founded on 29th May 1968 by the Third King His Late Majesty Jigme Dorji Wangchuck. Since then, it has trained thousands of teachers for schools and colleges in Bhutan and outside. The college is located about a kilometer away from the main Samtse town. The weather is cool and pleasant in the winter months (December – February) and hot and wet in the summer

months (June - August). SCE is well known for its aesthetically and intellectually congenial environment for learning and professional growth. Among others, the college is currently developing the Bachelor of Arts in Social Work (BASW) programme to be launched in 2019.

### Training I for the First Cohort (22 – 26 January, 2018): Important Dates

Online registration opens	15/12/2017
Online registration closes	05/01/2018
Course starts	22/01/2018
Course ends	26/01/2018



For online registration, please visit our website at [www.sce.edu.bt](http://www.sce.edu.bt) or contact:

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(Course Coordinator)  
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Email: [ggurung.sce@rub.edu.bt](mailto:ggurung.sce@rub.edu.bt)
2. [Karma Utha PhD](#)  
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